



MANASWINI
Employing psychology, empowering minds!

**Manaswini Club,
VKM**

In collaboration with



**Parthiban Society,
BHU**

*on the occasion of World Suicide
Prevention Awareness Month*

Presents



The Psychology Quest



Date:
18th Sept., 2025



Time:
10 AM - 4 PM



Venue:
VKM College, BHU

Creative Writing

Express your thoughts and emotions through words. Participants will be given a theme on the spot and time to craft original stories, essays, or poems showcasing their creativity and insight.



Psychology Quiz

Test your knowledge of mind and behavior! Teams will compete in rounds of thought-provoking questions on psychology concepts, famous experiments, and real-life applications.



On-Spot Poster Making

Bring your ideas to life visually! Participants will receive a theme at the venue and create impactful posters using art and design to spread awareness and inspire change.

About Manaswini

On July 6, 2023, the students of the Department of Psychology at Vasant Kanya Mahavidyalaya founded a club named Manaswini. Derived from Sanskrit, "Manaswini" translates to "One with a peaceful mind."

Our Mission

The club's mission is to raise awareness about mental health issues and provide strategies for managing them, all while promoting a peaceful state of mind.

Our Vision

The club envisions fostering a well-informed, compassionate, and connected community by promoting the understanding of psychology, supporting academic and professional growth, encouraging open dialogue, raising mental health awareness, and engaging in meaningful outreach to apply psychological principles for social good.

**Certificates, Refreshments
& Exciting Prizes await!**



Scan the QR Code to register!

**This Suicide Prevention Month,
your participation matters.
Join hands with us to create
awareness, offer support, and
spread hope.**

About Parthiban

Parthiban Society – “यतो धर्मस्ततो जयः” – a vibrant hub of talent and innovation at Banaras Hindu University, is where creativity meets leadership and ideas take flight.

The society thrives through its three dynamic wings: Banaras Debating Society (BDS), the intellectual powerhouse, hosts quizzes, seminars, symposiums, and debates that challenge and inspire minds; Abhivyakti, the cultural heartbeat, brings stories, performances, and open mics to life, celebrating artistic expression in all its forms; and our Tech Wing, the catalyst for technological innovation, crafts events that bridge imagination.

In less than a year, Parthiban Society has orchestrated over 16 diverse events, creating a vibrant platform for students to collaborate, showcase talent, and explored new horizons—truly a space where learning, creativity, and excellence converge.